



July 2017

# Myles Standish State Forest

Park Phone Number: (508) 866-2526

Park Website: <http://www.mass.gov/eea/agencies/dcr/massparks/region-south/myles-standish-state-forest.html>

All programs are free and open to the public unless otherwise noted. All children must be accompanied by an adult. Reasonable accommodations are available upon request.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b> <b>Explore Nature: Butterfly Frolic</b> 3:00pm to 4:00pm  <b>Night Hike</b> 8:00pm to 9:15pm
<b>2</b>  <b>Family Bike Hike</b> 10:00am to 11:30am  <b>Turtle Tromp</b> 1:00pm to 2:00pm	<b>3</b>	<b>4</b>	<b>5</b>  <b>CCC Bike Hike</b> 10:00am to 12:00pm	<b>6</b> <b>Off The Beaten Path Hike</b> 9:00am to 11:30am  <b>College Pond Creature Feature</b> 2:00pm – 3:30pm	<b>7</b>  <b>Cutterfield Bird Watching</b> 9:00am to 10:30am  <b>A Stroll of Ice and Fire</b> 1:00pm to 2:30pm	<b>8</b> <b>Explore Nature: Terrific Trees</b> 3:00pm to 4:00pm  <b>Night Hike</b> 8:00pm to 9:15pm
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
<b>16</b> <b>Easthead Ramble</b> 10:00am to 11:30am  <b>Tale of Two Presidents</b> 1:00pm to 2:30pm	<b>17</b>	<b>18</b>	<b>19</b>  <b>Family Bike Hike</b> 10:00am to 11:30am	<b>20</b> <b>Off The Beaten Path Hike</b> 9:00am to 11:30am  <b>College Pond Creature Feature</b> 2:00pm – 3:30pm	<b>21</b> <b>Cutterfield Bird Watching</b> 9:00am – 10:30am  <b>Cannonballs and Cranberries</b> 1:00pm to 2:30pm	<b>22</b> <b>Explore Nature: Who's that Singing?</b> 3:00pm to 4:00pm  <b>Night Hike</b> 8:00pm to 9:15pm
<b>23</b> <b>South Eastern Walking Club</b> 9:00am to 12:00pm  <b>Intro to Nature Photography</b> 2:00pm to 3:00pm	<b>24</b>	<b>25</b>	<b>26</b>  <b>White-tail Deer: To the Brink and Back</b> 10:00am to 11:00am	<b>27</b>  <b>Off The Beaten Path Hike</b> 9:00am to 11:30am  <b>College Pond Creature Feature</b> 2:00pm – 3:30pm	<b>28</b>  <b>Cutterfield Bird Watching</b> 9:00am – 10:30am  <b>Turtle Tromp</b> 1:00pm to 2:00pm	<b>29</b>  <b>Animal Detectives</b> 10:00am to 11:30am  <b>A Murder Most Fowl</b> 1:00pm to 2:00pm

# Program Descriptions

## Things to Know Before You Go!

- All programs are free and open to the public unless otherwise noted.
- All children must be accompanied by an adult.
- Reasonable accommodations are available upon advance request.
- Dress for the weather; bring sunscreen, bug spray, water and a snack.
- Rain cancels some programs; call ahead to confirm (508) 866-2526.
- Most parking lots are free. At College Pond and Fearing Pond Day Use Areas, there is a daily parking fee of \$8 MA Vehicle, \$15 non-MA. Information about our annual ParksPass can be found here <http://www.mass.gov/eea/agencies/dcr/massparks/passes-and-fees/buy-parks-pass-dcr-generic.html>. Seniors (62+, MA resident) can get a lifetime Parks Pass for \$10 at the Park Headquarters.
- Park Trail Map: <http://www.mass.gov/eea/docs/dcr/parks/trails/mssf.pdf>

Title	Description
<b>Explore Nature Series</b>	<p>We'll explore the natural world of Myles Standish State Forest with guided walks, games and activities. For children and curious adults of all ages; all children must be accompanied by an adult. <i>Meet in front of the Interpretive Center.</i> Rain cancels. Here are the programs for July:</p> <ul style="list-style-type: none"> <li>• July 1<sup>st</sup> - <b>Butterfly Frolic:</b> Come find some of our beautiful and rare butterflies and moths that make their home in this forest. Learn some of the most common types of moths and butterflies that are here, and also what these insects can tell us about the health of the forest. Nets will be provided by the DCR</li> <li>• July 8<sup>th</sup> - <b>Terrific Trees:</b> Come explore the many types of trees that grow in Myles Standish State Forest. How do they make food, get water, and provide shelter for many different types of animals? Come find out!</li> <li>• July 22<sup>d</sup> - <b>Who's That Singing:</b> Learn about the birds that inhabit our beautiful forest and learn to identify many of the most common songbirds found in Myles Standish State Forest. We'll search the fields and forests around the East Head Reservoir for these lovely creatures and how to identify them by sight and by song. Binoculars will be provided</li> </ul>
<b>Night Hike</b>	<p>What happens in the forest as night approaches? Join us on a guided walk through the night woods to discover how nocturnal birds and animals use their senses to survive at night. This is a moonlight thrill for all ages. No flashlights allowed on this walk and bring your insect repellent. <i>Meet in front of the Interpretive Center.</i> Rain cancels.</p>
<b>Family Bike Hike</b>	<p>Learn about the forest on this relaxing bike ride on paved bike trails through the forest in a roughly 3 mile loop. All participants must have their own bike, wear a bike helmet (no exceptions!) and bring water. Program is for adults and children 8 years old and up; younger children in carriers with a helmet are welcome. <i>Meet in front of the Interpretive Center.</i> Rain cancels.</p>
<b>Turtle Tromp</b>	<p>Turtles are wonderful! Many species make their home throughout MSSF, including one you are likely to only see here in this forest. On this all-ages program we will learn about turtles and their behavior as well as learn to identify different species of local turtles and hopefully see some ourselves! <i>Meet at the Interpretive Center.</i> Rain cancels.</p>
<b>CCC Bike Tour</b>	<p>Take a guided bike tour along the paved bike trails of the forest and learn about all the important work the Civilian Conservation Corps did here in MSSF. Program is for adults and children 8 years old and up; younger children in carriers with a helmet are welcome. All participants must have their own bike and wear a bike helmet (no</p>

	exceptions!), and bring water. Meet in front of the Interpretive Center. Rain cancels.
<b>Off the Beaten Path</b>	<p>Join the Park Interpreter on a recreational hike each week into a different part of Myles Standish State Forest. Each hike travels along different trails and is about 4 to 5 miles in length. Join us for one hike or come for the whole series! Please wear bug spray, sunscreen, and supportive shoes. Bring along water and a snack. For adults and older children who can hike 4 to 5 miles of moderately difficult trails. For a trail map, including parking lots, visit Rain or shine; downpours and/or thunderstorms cancel. All children must be accompanied by an adult. We'll meet in a different location each week.</p> <p>July 6<sup>th</sup>: Meet at the Fire Tower lot, Parking Lot #6.</p> <p>July 20<sup>th</sup>: Meet at the Equestrian lot, Parking Lot #3.</p> <p>July 27<sup>th</sup>: Meet at the Upper College Pond Road lot, Parking Lot #2.</p>
<b>Cutter Field Bird Watch</b>	Join us for an informal bird watching program in one of MSSF best bird watching locations. This is for beginner birders who want to learn basic bird and call identification. Please bring binoculars if you have them – or borrow a pair of ours. All ages welcome. <i>Meet at -Fearing Pond Day Area; parking fee applies.</i> Rain cancels.
<b>A Stroll of Ice and Fire</b>	This is a forest born of ice and fire. It has been shaped by human hands and by changing climates. On this gentle hike we discuss the geological and natural history of the forest from Native American hunters to visitors of the forest today. This 1.6 mile hike <i>meets at Parking Lot 2 on Upper College Pond Road.</i> Suitable for adults and children 8+. Rain cancels.
<b>Creature Feature</b>	Come learn about some of the creatures that live here at Myles Standish State Forest. Each week, the Park Interpreter will set up a display of pelts, bones, skulls, other artifacts, and perhaps a live animal or two! <i>Program will take place at the College Pond Day Use Area; parking fee applies.</i> Rain cancels.
<b>East-head Ramble</b>	Let's get moving and learn a little about nature while we do it. On this lovely and relatively flat 2.6 mile hike around the East Head Reservoir, the largest pond in Myles Standish State Forest, we will explore the flora and fauna that live on, in, and around this essential water source. Suitable for adults and children 8+. <i>Meet in front of the Interpretive Center.</i> Rain cancels.
<b>A Tale of Two Roosevelts</b>	Theodore and Franklin Roosevelt were cousins and American presidents who directly contributed to the preservation and improvement of this beautiful forest. Learn how the Roosevelts were instrumental in making this forest what it is today. Suitable for adults and children 10+. <i>Meet at the Interpretive Center.</i> Rain or shine.
<b>Cannonballs and Cranberries</b>	Hike around the Rocky Pond Cranberry Bog to explore the history of the bog, from iron production to cranberry agriculture. These bogs helped America win its independence by producing iron used in cannonballs for the USS Constitution! <i>Meet at the Rocky Pond Cranberry Parking Lot #7 on Bare Hill Road.</i> For adults and children 12+. Rain cancels.
<b>Southeastern Walking Club</b>	Join the Park Interpreter on a fun and informative hike on one of our newest and prettiest hikes. The Charge Pond Hike. Best suited for adults and older children who can hike 5 to 6 miles over moderately difficult trails. Be sure to wear good hiking shoes, bring plenty of water and a snack, as well as bug spray and sunblock. <i>Meets at Parking Lot 5 (P2) off of Charge Pond Road.</i> Rain cancels.
<b>Intro to Nature Photography</b>	Have you ever tried to take a picture of something beautiful you saw when you are out in nature but it just didn't come out quite "right"? Learn how to take great pictures with everything from long lens cameras to disposable cameras and smart phones. Learn simple tips that will improve your photos and walk to a few lovely spots where you can practice. <i>Meet in front of the Interpretive Center.</i> Rain cancels.

<b>White-tailed Deer: To the Brink and Back</b>	Whitetail deer are once again abundant in south eastern Massachusetts, but this was not always the case. Over hunting and development pushed the whitetail deer to the brink of extinction. But the whitetail deer has successfully rebounded due to successful stewardship. Come learn about the whitetail deer, and how the relationship between man and deer has changed over time. This is an all-ages program <i>Meet in front of the Interpretive Center</i> . Rain or shine.
<b>A Murder Most Fowl: The American Crow</b>	Come and discover these fascinating birds and their unique behavior. Remarkably social and intelligent, these clever birds have long been a source of fascination and lore. We will also discuss how different cultures have viewed crows throughout history and how the myths closely relate to real crow behavior. <i>Meet in front of the Interpretive Center</i> . Rain or shine.
<b>Animal Detectives</b>	Animal tracks tell the story of wildlife in the forest. Where they go, what they eat, and who's trying to eat them. On this fun all-ages program we will learn how to tell what these animals are up to when no one is around by reading their tracks. Suitable for all ages. <i>Meet in front of the Interpretive Center</i> . Rain cancels.